

OCEAN

GREEK EATS

NIBBLES & DIPS

Olive Bread & Butter £2.75 **V**

Mixed Olives & Feta £3.95 **GF/V**

3 Dips & Warm Pita

Taramasalata, Pepper Hummus, Tzatziki £5.50 **V**

Chickpea Panisse & Harissa
(add Merguez £1.50) £3.95 **GF/V**

Grilled Asparagus
with Olive Oil & Lemon £3.75 **GF/DF/V**

Feta Mousse with Jalapeno & Chipotle
served with Toasted Mini Pita Bread £4.50 **V**

Tempura Whitebait
with Garlic Aioli £4.95 **DF**

KIDS MENU £5.95

Pasta with Tomato Sauce & Parmesan **V**

Grilled Fish with Greens

Grilled Chicken Breast with Fries

Kids Burger & Fries

Baby Puree of The Day £1.95

SALADS

Grilled Halloumi, Beetroot & Rocket Salad
Pumpkin Seeds & Quinoa £9.95 **V**

Ocean Greek Salad
Cucumber, Tomatoes, Mixed Olives,
Red Onions, Oregano & Feta £11.95 **V/VE**

Seasonal Mixed Salad
Baby Gem, Courgettes, Beets, Cucumber,
Avocado & Charred Tofu £10.95 **DF/V/VE**

PITA SANDWICHES

Homemade Wheat or Gluten Free Pita Bread
& Your Favourite Filling

Steak
Red Onion, Rocket, Feta, Hummus & Tzatziki £12.95

Chickpea Falafel
Coriander, Tomato, Red Onions & Tahini £7.95 **V**

Crab
Avocado, Tzatziki, Spinach & Cucumber £11.95

Grilled Chicken Souvlaki
Spinach, Tomato, Cucumber, Feta,
Egg & Tzatziki £8.75

SOFT FLATBREADS

All served with
Shredded Veggies & Tzatziki

Garlic & Coriander Prawns £8.95

Charred Halloumi & Pine Nuts £7.95

Chicken Souvlaki £8.75

Pulled Pork £8.75

STARTERS

Soup of The Day £5.95

Salmon Eggs with Dill Tzatziki
& Pickled Cucumber £6.95 **GF**

Seared Scallops with Aubergine Puree
& Truffled Mushrooms £9.95 **DF/GF**

Crispy Calamari
Pickled Pepper Coulis & Aioli £7.95 **DF**

Charred Seasonal Vegetables
Sweet Potato Puree, Tofu &
Buckwheat £7.15 **DF/GF/V/VE**

Soft Baked Aubergine
Pickled Red Onions Tomatoes
& Feta Curd £7.95 **GF/V/VE**

MAIN COURSE

Mediterranean Grain Bowl
Feta, Tomatoes, Peppers, Chickpea, Cucumber,
Red Onions, Arigula, Sesame & Tahini Sauce
£12.95 **V/VE**

Ricotta Gnudi
Mushrooms, Grilled Asparagus
& Vegetable Bouillon £13.95 **V**

Confit Pork Belly
Potato Terrine, Celery, Apple, Walnuts,
Apple & Cider Jus £15.25 **DF**

Grilled Catch of The Day
Berry Rice & Micro Herb Salad
(Market Price) **GF**

Riso Seafood Pasta
(Chef's Recommendation)
Olives, Tomatoes, Spinach & Feta £16.50 **GF**

"V" Vegetarian

"GF" Gluten Free

"DF" Dairy Free

"VE" Vegan available on request

Please note all food may contain nut traces.
If you have any food allergies, please
make our staff aware.

FROM THE GRILL

Served with House Salad
& Garlic Butter

8oz Filet Steak £22.95

10oz Rib-eye Steak £19.95

10oz Sirloin Steak £17.95

Corn Fed Chicken Breast £15.75

Grilled Chicken Souvlaki £15.75
With Tzatziki

Our Home Made 8oz Beef Burger £13.95
Served with Salad & French Fries

TO SHARE

Cheese Board

Local & French Cheese Selection Served with
Crackers, Grapes & Chutney £8.95/£16.95 **V**

Butchers Board

Cured Meats & Cheeses Served with Olives,
Hummus & Spiced Nuts & Pita £9.95/£17.95

SAUCES £1.95

Béarnaise

Pepper

Diane

Garlic Butter

Tzatziki

SIDES £3.95

French Fries

New Potatoes

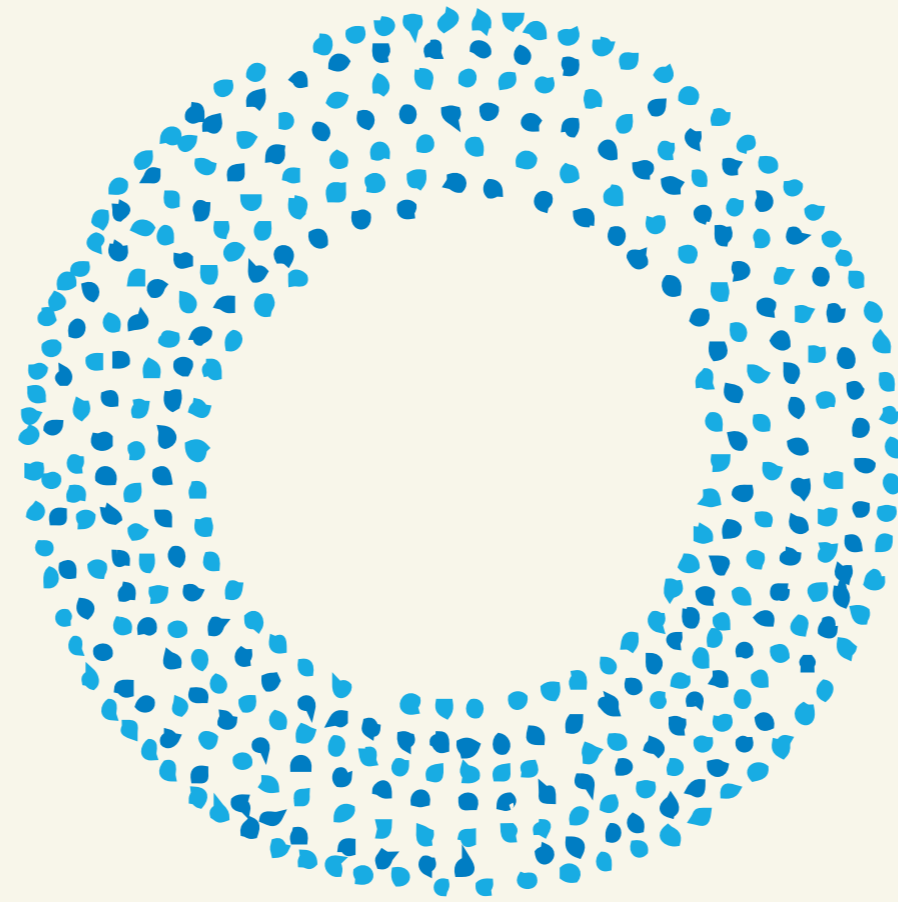
Buttered Green Beans

Roast New Potato & Feta

Steamed or Buttered Spinach

Grilled Halloumi & Pine Nuts

Mixed Salad



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