

OCEAN

STARTERS & SHARING PLATES

Parmesan Twice Baked Soufflé
Parmesan Sauce **£7 355kcal V**

Moules Mariniere
Mussels, White Wine, Parsley
& Cream. **£12.50 581kcal**

Fish Bisque
Gruyere Cheese, Croutons,
Saffron Rouille **£8 609kcal**

French Garlic Sausage And Potato Salad
Chapel Farm Poached Egg, Curly Endive
& Mustard Dressing **£9 497kcal DF**

Lemon Thyme Cured Salmon
Dijon Mustard, Cucumber,
Lemon Crème Fraîche **£9.50 282kcal**

Deep Fried Calamari
Pickled Pepper Coulis & Aioli **£7.95 DF**

Tempura Whitebait
With Cayenne Aioli **£5.50 280kcal DF**

SALADS

Grilled Salmon Fillet
Niçoise Salad. **£19 596kcal DF**

Hot Pan-Fried Tiger Prawn Salad
Whole Lemon Dressing. **£19 598kcal M, GF, DF**

Confit Duck Leg Salad
Chilli & Ginger Dressing. **£21 549kcal GF, DF**

Ocean Greek Salad
Cucumber, Tomatoes, Mixed Olives,
Red Onions, Oregano & Feta **£11.95 357kcal V**

Grilled Spiced Chicken Salad
With Parmesan Dressing **£14.50 963kcal GF**

MAIN COURSE

Veal Piccata Milanese
Spaghetti, Tomato Sauce **£22 1286kcal**

8oz Sirloin Steak
Salad, Fries & Chilli Butter **£24 1221kcal GF**

Whole Roast Chicken Spatchcock
Salad & Garlic Mayo **£24 1230kcal GF**

Spinach & Wild Mushroom Crepes
Gruyere Cheese Gratin **£17 853kcal V**
Add Ham **£19 961kcal**

Baked Whole Seabass
Grilled Vegetables, Garlic, Herbs
& Burnt Lemon **£25 631kcal GF, DF**

Mixed Seafood Platter,
Serves 2, Please Speak To The Server For
Today's Seafood & Dips. **£36 1967kcal M, GF, DF**

Mixed Grill
An Assortment Of The 3 Bbq Grills
Served For 2 People. **£32 1398kcal GF, DF**

BBQ GRILLS

Shish Taouk
Grilled Spiced Chicken
With Garlic Sauce **£16 1272kcal**

Kofta
Ground Beef, Spices, & Parsley,
Sriracha Mayo **£15 1400kcal**

Lamb Tikka
Lamb Cubes, Spices, Mint Yoghurt **£18 1482kcal**

Grilled Halloumi
Beetroot Pitta **£14 568kcal V**

TEA ROOMS

10:00 - 17:00

A Selection of Cakes Available

SIDES ALL £4.50

French Fries **312kcal**

Buttered Greens **108kcal**

Mix Leaf & Apple Salad, Mustard Dressing **44kcal**

Parsley Potatoes **85kcal**

Roast Mediterranean Vegetables **55kcal**

Halloumi Fries With Chilli **68kcal**

Mix Olives & Feta **239 Kcal**

Sweet Potato Fries **143kcal**

SAUCES £3

Harissa Mayo **400kcal**

Aioli **400kcal**

Gruyere Cheese Sauce **150Kcal**

DESSERTS £6.95

Strawberries
& Whipped Cream **£7 527kcal V**

Lemon Parfait
Cherries, Kirsch, Fruit Coulis. **£7 278kcal V**

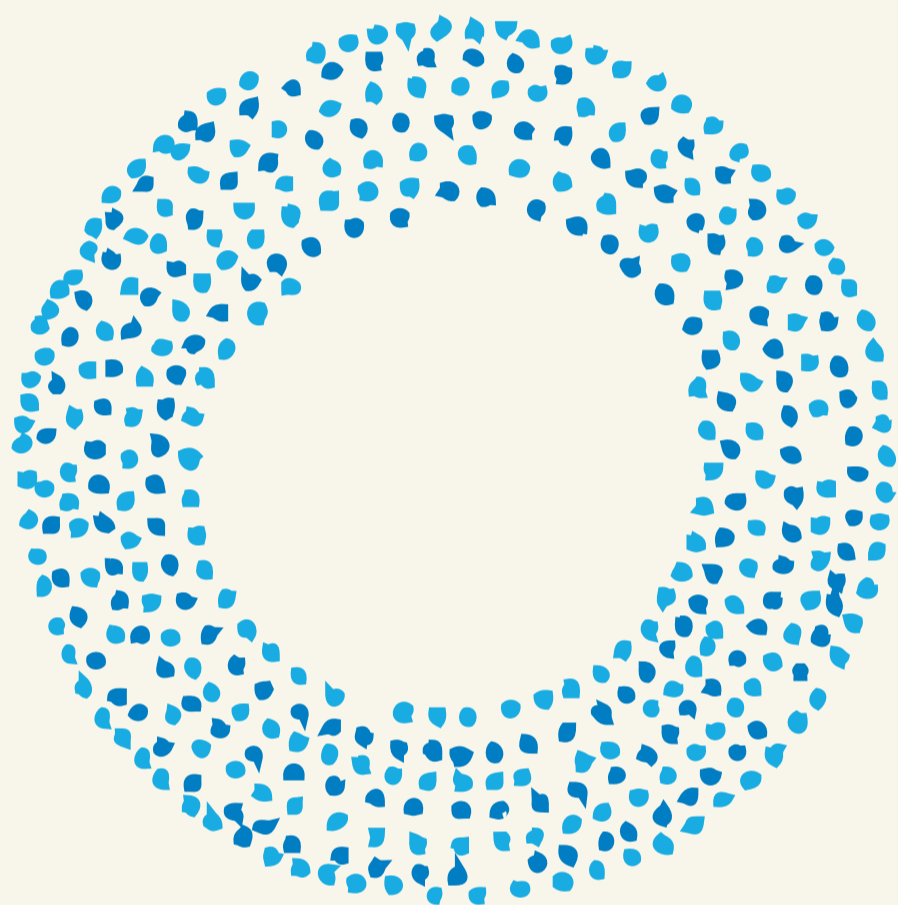
Mango & Pineapple Crumble
Toasted Coconut, Mango Sorbet **£7 515kcal V**

Cheese Board
Tomato Chutney, Biscuits,
Guernsey Butter **£12 807kcal**

Guernsey Ice-Creams & Sorbets
(3 Scoops) **£6.95 775kcal**

Gluten Free Chocolate Brownie
& Vanilla Ice Cream **£7 502kcal GF**

“V” Vegetarian “GF” Gluten Free “DF” Dairy Free “VE” Vegan available on request
Please note all food may contain nut traces. If you have any food allergies, please make our staff aware.



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